

CCE 851- Social Justice and Inclusion in Context

1- Course objectives

The course will help students to;

- understand social justice approaches for counsellors
- explore the role of legislation, ethical practice, and personal biases for social justice in the local context
- establish links between identity formation, *social justice*, and *inclusion*
- review existing approaches to social justice in the developed context for their relevance to the contemporary context and various settings

2 - Course Outline

Week	Topics	CHs
1	Introduction to social justice and professional practice links Orientation to connections between <ul style="list-style-type: none">• Social justice and self-identity development• Inclusion/exclusion, equity/equality issues• Role of our biases	3
2	Legislation, frameworks, guidelines and social justice (for example, work harassment policy, disability acts, child labour laws, HEC guidelines for harassment), equity and equality in the Pakistani constitution	3
3	Ethics in practice to ensure social justice <ul style="list-style-type: none">• APA ethics for psychologists• National Career Development Association Ethics• Ethics to overcome biases	3
4	Social justice and practice <ul style="list-style-type: none">• Debates in social justice in practice of career development practitioners• Social justice and careers education• Social justice as a counseling concern	3
5	New models and approaches <ul style="list-style-type: none">• Integrating social justice in group work• Emerging practices to support unemployed adults	3

6	<p>Identity development in context</p> <ul style="list-style-type: none"> • Identity development and its factors • 7Theories of identity development (sociological, community and psychological perspective), vs. role confusion • Social psychology of identity formation • Oppression, identity and exclusion • Thematic map on identity formation, sources, inclusion and exclusion 	3
7	<p>Social Justice and Practice issues</p> <ul style="list-style-type: none"> • Brief reflection on “My Identity” as a counsellor/practitioner and role in social justice • Social justice in counseling • Social justice change • Practicing social justice for inclusion 	3
8	<p>Identity development and well-being (viewing client's identity as a center point)</p> <ul style="list-style-type: none"> • Vocational identity, personality development and well-being • Identity and mental health • Positive identity and positive youth development 	3
9	MIDS	
10	<p>Social Justice (principles, models, strategies)</p> <ul style="list-style-type: none"> • Models and theories of social justice and inclusions • Career guidance, counseling, social justice, advocacy • Social justice and disability • Issues poverty, gender-based violence, entrepreneurship and social inclusion 	3
11	<p>Comparative cultural social justice practice case study analyses</p>	3

12	<p>Inclusion/exclusion, social justice and career guidance</p> <ul style="list-style-type: none"> • Career guidance, social justice and reducing inequalities • Application on the perspective on gender, race and ethnicity, disability, minorities, transgender, intercultural, socioeconomic issues leading to inequality. 	3
13	<p>Social justice focus (individual to community)</p> <ul style="list-style-type: none"> • Reshaping client stories • Community approaches 	3
14	<p>Inclusive education: Approach to achieve social justice</p> <ul style="list-style-type: none"> • Enhancing social justice by promoting prosocial values in career development interventions • Enhancing social justice by advocacy skills • Transformative leadership role for inclusion and social justice • Role of civil society 	3
15	<p>Cultural limitations</p> <p>Context and social justice</p> <ul style="list-style-type: none"> • Organizational management for social justice • Social justice approach to disability in higher education • A View of social justice in a multicultural society 	3
16	<p>Review of inclusion and social justice practice portfolio</p> <p>Portfolio is a maintained file having information compiled throughout the semester on social justice, inclusion and role of career guidance practitioners and counselors for</p> <ul style="list-style-type: none"> • Needs assessment • Intervention plans • Intervention models 	3
17	Revision and conclusion	3
18	FINAL EXAMS	
	Total Credit Hours	48

Practice under the course

Compulsory for students: Maintenance of reflection course logbook

After each session, students should write a note about their observations of the variables in their context that have adverse or positive impacts on creating social justice, biases and barriers, individual and society action and their possible contribution. A completed logbook shall be submitted by the end of the semester. The typed pieces of reflective thoughts shall be circulated anonymously amongst the students to highlight attitudinal barriers to social justice and strategies for breaking it through ethical practice.

Self-identity and socio-cultural influences (reflection and discussion), personal and professional identity (reflection and group discussion), identification of client perspectives of identity, oppression, exclusion and well-being in career counseling/counseling narrative, exploration of perspectives on social justice and inclusion advocacy plan, exploration of social justice perspectives and strategies of educational and workplace leaders, social justice and inclusion works in context.

3 - Learning outcomes

By the end of this course, students will be able;

- recognize and discuss social justice approaches for counsellors critically explain the links between legislation, ethical practice, personal biases, and contextual realities in social justice through the course log book/portfolio, exercises, reviews, and discussions
- demonstrate links of identity formation, social justice, and inclusion for ethical practice in the local context
- evaluate the usefulness of social justice approaches in the developed contexts for relevance and suitability to the local/national context.

4 - Readings/ Key References

1. Albright, J.N., Hurd, N.M. & Hussain, S.B. (2017). Applying a social justice lens to youth mentoring: A review of the literature and recommendations for practice. *American Journal of Community Psychology*, 59, 363–381

2. Alves, S & Gazzola, N. (2011). Professional Identity: A Qualitative Inquiry of Experienced Counsellors. *Canadian Journal of Counseling and Psychotherapy*, 45(3), 189-207.
3. Bemak, F., & Chung, R. C. Y. (2011). Applications in social justice counselor training: Classroom without walls. *The Journal of Humanistic Counseling*, 50(2), 204-219.
4. Bhat, C. S. (2010). Assisting unemployed adults find suitable work: A group intervention embedded in community and grounded in social action. *The Journal for Specialists in Group Work*, 35(3), 246-254.
5. Celoria, D. (2016). The Preparation of Inclusive Social Justice Education Leaders. *Educational Leadership and Administration: Teaching and Program Development*, 27, 199-219.
6. Collins, S., & Arthur, N. (2010). Culture-infused counseling: A model for developing multicultural competence. *Counseling Psychology Quarterly*, 23(2), 217-233. doi: 10.1080/09515071003798212
7. Crethar, H. C & Ratts, M. J. (2008). Why social justice is a counseling concern. *Counseling Today*, 50(12), 24-25.
8. Dik, B. J., Duffy, R. D., & Steger, M. F. (2012). Enhancing social justice by promoting prosocial values in career development interventions. *Counseling and Values*, 57(1), 31-37.
9. Fassinger, R. E & Gallor, S. M. (2005). Tools for Remodeling the Master's House. *Handbook for social justice in counseling psychology: Leadership, vision, and action*, 256.
10. Flores, et. al. (2014). Developing social justice competencies: A consultation training approach. *The Counseling Psychologist*, 42, 7, 998 1020.
11. Francis, D., & Le Roux, A. (2011). Teaching for social justice education: the intersection between identity, critical agency, and social justice education. *South African Journal of Education*, 31(3), 299-311.
12. Goodman, D. (2010). Helping students explore their privileged identities. *Diversity and Democracy*, 13(2), 10-12.
13. Goodman, L.A., Pugach, M., Skolnik, A., & Smith, L. (2013). Poverty and mental health practice: Within and beyond the 50-minute hour. *Journal of Clinical Psychology: In Session*, 69, 180-188.

14. Gray, C. M., & Toombs, A. L. (Year Missing). Developing Identities Oriented Toward Social Justice.
15. Hays, et., al. (2010). Integrating social justice in group work: The next decade. *The Journal for Specialists in Group Work*, 35(2), 177-206.
16. Higher Education Commission. (2011). Policy guidelines against sexual harassment in institutions of higher education.
http://uaf.edu.pk/Status%20about/Policy_Guidelines_on_Harassment.pdf
17. Hirschi, A. (2012). Vocational identity trajectories: Differences in personality and development of well-being. *European Journal of Personality*, 26(1), 2-12.
18. Hooley, T., & Sultana, R. G. (2016). Career guidance for. Journal of the National Institute for Career Education and Counseling. Journal of the National Institute for Career Education and Counseling (NICEC).
<https://cica.org.au/wp-content/uploads/Career-Guidance-for-Social-Justice.pdf>
19. Hooley, T., Sultana, R. G., & Thomsen, R. (2018). *Career guidance for social justice: contesting neoliberalism*. Retrieved from
<https://www.routledge.com/Career-Guidance-for-Social-Justice-Contesting-Neoliberalism/Hooley-Sultana-Thomsen/p/book/9780367334147>
20. Howard, J. A. (2000). Social psychology of identities. *Annual review of sociology*, 26(1), 367-393.
21. Irving, B. A. (2009). Locating Social Justice in Career Education: What can a Small-Scale Study from New Zealand Tell Us? *Australian Journal of Career Development*, 18(2), 13–23. doi:10.1177/103841620901800204
22. Jackson, M.A., Regis, A.K., Bennett, K. (2002). *Career development interventions for social justice: addressing needs across the lifespan in educational, community, and employment contexts*. Lanham, Maryland: Rowman & Littlefield.
23. Kornbluh, M., Collins, C., & Kohfeldt, D. (2020). Navigating activism within the academy: Consciousness building and social justice identity formation. *Journal of Community & Applied Social Psychology*, 30(2), 151-163.

24. Lee, T. Y., & Lok, D. P. (2012). Bonding as a positive youth development construct: A conceptual review. *The Scientific World Journal*, 2012.
25. McMahon, M., Arthur, N., & Collins, S. (2008). Social justice and career development: Views and experiences of Australian career development practitioners. *Australian Journal of Career Development*, 17(3), 15-25.
26. Ministry of Women Development, Social Welfare and Special Education. Government of Pakistan. (2002). National policy for persons with disability. <http://pspmr.org/wp-content/uploads/2016/11/3-National-Policy-for-Persons-with-Disabilities-2002.pdf>
27. Mitchell, T. D. (2015). Identity and social action: The role of self-examination in systemic change. *Diversity & Democracy*, 18(4), 15-17.
28. Mladenov, T. (2016). Disability and social justice. *Disability & Society*, 31(9), 1226-1241.
29. Nakash, O., & Saguy, T. (2015). Social identities of clients and therapists during the mental health intake predict diagnostic accuracy. *Social Psychological and Personality Science*, 6(6), 710-717.
30. Neukrug, E., & Neukrug, E. (1999). *World of the Counselor*. Brooks/Cole Publishing Company.
31. Prilleltensky, I. (2003). Understanding, overcoming, and resisting oppression: Toward psychopolitical validity. *American Journal of Community Psychology*, 31, 1/2, 195-201
32. Reese, L. R. E., & Vera, E. M. (2007). Culturally relevant prevention: The scientific and practical considerations of community-based programs. *The Counseling Psychologist*, 35(6), 763-778.
33. Ripley, J. S., & Worthington Jr, E. L. (2002). Hope-focused and forgiveness-based group interventions to promote marital enrichment. *Journal of Counseling & Development*, 80(4), 452-463.
34. Shaeffer, S. (2019). Inclusive education: a prerequisite for equity and social justice. *Asia Pacific Education Review*, 20(2), 181-192.
35. Shallcross, L. (2013). Unmistaken identity. <https://ct.counseling.org/2013/03/unmistaken-identity/>
36. Shields, C. M & Hesbol, K. A. (2019). Transformative Leadership Approaches to Inclusion, Equity, and Social Justice. *Journal of School Leadership*, 105268461987334. doi:10.1177/1052684619873343

37. Silva, J.M. (2017). Whose community are you working for? A change agent case study. *American Journal of Community Psychology*, 60, 483-490.
38. Singh, A.A. (2016). Moving from affirmation to liberation in psychological practice with transgender and gender nonconforming clients. *American Psychologist*, 71, 755–762
39. Sultana, R. G. (2014). Rousseau's chains: Striving for greater social justice through emancipatory career guidance. *Journal of the National Institute for Career Education and Counseling*, 33(1), 15–23.
40. Sultana, R. G. (2014). Career guidance for social justice in neoliberal times. In G. Arulmani, A. J. Bakshi, F. T. L. Leong, & A. G. Watts (Eds.), *Handbook of career development: International perspectives*. Dordrecht: Springer.
41. Suzuki, et. al. (2019). Counseling psychology and the amelioration of oppression: Translating our knowledge into action. *The Counseling Psychologist*, 47(6), 826-872.
42. Tayebbeh, S. (2015). The relationship between individual identities and the mental health among students. *Russian Open Medical Journal*, 4(3).
43. Tiefenbacher, W. (2018). Organizational management for social justice: how to lead by example and use paradoxes for advantage.
44. Toporek, R. L., & Williams, R. A. (2006). Ethics and professional issues related to the practice of social justice in counseling psychology. In *SJ Handbook*.
45. Wong, Y. J., Vaughan, E. L. & Klann, E. M. (2017). The science and practice of prevention from multicultural and social justice perspectives. *Cambridge Handbook of International Prevention Science*, 107-132.
46. Woo, H., Henfield, M. S., & Choi, N. (2014). Developing a unified professional identity in counseling: A review of the literature. *Journal of Counselor Leadership and Advocacy*, 1(1), 1-15.

Note: Research in Social Justice Teaching: Research paper on *The Social Justice Practicum in Counseling Psychology Training* by Hagee et al. (2020) published in *Training and Education in Professional Psychology* is compulsory for the instructor before taking this course.

5 - Assessments:

As per NUST statutes, assessment will be carried out through **quizzes, mid-term exam, assignments** and **Final exam**.

Suggested Assignments:

Assignment 1

Describe your personal definition of “social justice” and your orientation toward social justice advocacy work. Throughout the semester, students be developing your own definition/theory of “social justice” and their own orientation to social justice advocacy work and practice as career guidance professionals (just as you have been developing a theoretical orientation that informs your individual and group career counseling).

Assignment 2

Taking any marginalized or oppressed individual/group with a help of any relevant organization, students will analyze issues, factors and solution models in social justice and inclusion and justify the theories and practice approaches suitable to the context

Assignment 3

A presentation delivered to a group of professionals from varied social sciences background with a focus on the role of guidance professionals for promoting social justice and inclusion in the indigenous context. The presentation will be delivered to minimum 5 -10 professionals coming from diverse backgrounds to validate the perspective suitability to the local and national context. Presentation to be marked by a panel of experts. The focus will be on need assessment and intervention by taking social justice approach to inclusion in the indigenous context.